



KMI
Kinesis Myofascial Integration

Professional Certification Training Details

KMI promotes a wide vocabulary of touch and movement skills in the service of ease, balance, length, and a complete body image for our clients. KMI training brings together the finest anatomical specificity with clear strategies for multi-session protocols, taught in an 'open inquiry' learning environment. This training combines old-world craftsmanship with 21st century delivery, presented by experienced masters of the art, science and practical application.

KMI Professional Certification is offered in three parts:

You may take each part separately, in consecutive order, as long as the next part is completed within 2 years of the previous part. Most people go through the full training with the same group.

Part 1 Structural Vision (75 hours)
Phase 1: 4 days on, 2 days off, 4 days on

*The usual break between Parts 1 & 2 is about a month
Admission to Part 2 is at the discretion of the Part 1 instructor.*

Part 2 Structural Strategies (150 hours spread over 2 phases)
Phase 1: 4 days on, 2 days off, 4 days on (break of approximately 1 month)
Phase 2: 4 days on, 2 days off, 4 days on

*Usual break between Parts 2 & 3 can be 6 months but must be completed within 2 years
Quizzes, review of client session notes, manual work assessment, and 2 short essays
Admission to part 3 is at the discretion of the Part 2 instructors.
Additional academic, practical or therapeutic work may be assigned as a condition to continue.*

Part 3 Structural Integration (275 hours spread over 3 phases)
Phase 1: 6 days on, 2 days off, 4 days on
Phase 2: 5 days on, 2 days off, 5 days on
Phase 3: 4 days on, 2 days off, 6 days on

*Each phase is scheduled approximately 4 weeks apart
Quizzes, review of client session notes, an overview essay, and manual work evaluation
Graduation is at the discretion of Part 3 instructors
Certification, website and directory listings are dependent on completion of all course work*

Qualifications and Prerequisites

- A minimum of 3 years experience after graduating from a recognized training program in manual therapy is strongly recommended before undertaking this program. Exceptions on a situational basis considered.
- Applicants are required to attend an Anatomy Trains workshop as well as general familiarity with the Anatomy Trains concept
- All applicants must receive the KMI 12-series (or other SI 10-series) before beginning Part 3
- All applicants must submit a photo along with an application (available from website or office) and letter summarizing their work and educational experience

Tuition Details

Tuition amounts may vary with location and dates.

We offer early registration discounts for those who commit to all three parts in one location.

A \$500 deposit is required with your application (non refundable unless Kinesis cancels training or does not accept your application).

Part 1 \$1,900

Part 2 \$3,600

Part 3 \$5,400 (includes student membership to the International Association of Structural Integration)



Training Schedule 2012-2013

Part I	Structural Vision	8 days	75 hours	1 session of 8 days
Part II	Structural Strategies	16 days	150 hours	2 sessions of 8 days each
Part III	Structural Integration	30 days	275 hours	3 sessions of 10 days each

Upcoming Trainings

WALPOLE, ME

888 546-3747
207 563-7121
workshops@AnatomyTrains.com
www.AnatomyTrains.com

Part I August 21-30, 2012 (days off Aug. 25-26)
Part II October 2-12, 2012 (days off Oct. 6-7)
November 6-15, 2012 (days off Nov. 10-11)
Part III March 11-22, 2013 (days off Mar. 17-18)
April 22-May 3, 2013 (days off Apr. 27-28)
May 29-June 9, 2013 (days off June 2-3)
Venue: Kinesis Classroom
Airports: Portland Jetport (PWM), Logan International (BOS)

PORTLAND, OR

888 546-3747
207 563-7121
workshops@AnatomyTrains.com
www.AnatomyTrains.com

Part I: January 22-31, 2013 (days off Jan. 26-27)
Part II: March 5-14, 2013 (days off Mar. 9-10)
April 16-25, 2013 (days off April. 20-21)
Part III: September 16-27, 2013 (days off Sept. 22-23)
October 28-November 8, 2013 (days off Nov. 2-3)
December 3-14, 2013 (days off Dec. 7-8)
Venue: East West College
Airport: Portland International Airport (PDX)