



Anatomy Trains® Events Schedule

Kinesis, Inc.
318 Clarks Cove Road
Walpole, ME 04573
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Set your anatomy knowledge free! The Anatomy Trains weekend intensives will transform your concepts of myofascial anatomy and expand your comprehension of your clients' posture and movement. Learn to see the compensatory strain patterns that lead to pain syndromes. The Anatomy Trains concept moves beyond mechanical 'cause and effect' actions of muscles to the integrative relational connections of real-life functional movement.

These courses help you:

- 'Bodyread' your client's postural and movement patterns with greater accuracy and integration,
- Give you access to effective treatment strategies which may occur some distance from the site of pain or limitation, and
- Enable you to make distinct changes in your clients' structure in a few short moves.

The 'Anatomy Trains' is a revolutionary new way of analyzing soft-tissue patterns, and developing strategies for unwinding these patterns via fascial and myofascial work. The Anatomy Trains scheme offers a language that most hands-on therapists, regardless of their modality, can use to see their clients more clearly, and communicate to colleagues and clients how the neuro-myofascial web is configured by their 'acture' ('posture in action').

All courses are approved by NCBTMB for CE credit. Rates and schedule details are subject to change. Cancellation fees may apply. Contact the course sponsor for official information.

FEBRUARY 2011

5-6	BodyReading 101	Quiet Mind Yoga Studio Wellfleet, MA	Eli Thompson	508 349-2429 14 CEs	info@quietmindstudio.com www.quietmindstudio.com/events.html	\$345 \$275 before Jan. 7
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MARCH 2011

11-13	Anatomy Trains (Manual)	Stamford Plaza Hotel Stamford, CT	Eli Thompson	617 776-9494 21 CEs	eli@elithompson.com www.elithompson.com	\$395 \$325 by Feb.11
18-20	Anatomy Trains (Manual and Movement)	SMU Dedman Center Dallas, TX	Simone Lindner	214 275-0884 17 CEs	skydallas@netzero.net	\$395 \$325 by Jan. 21
19-20	Anatomy Trains (Manual)	Red Lion Hotel Port Angeles, WA	Lauren Christman	360 477-6855 16 CEs	marilynbeece@gmail.com	\$350 \$300 by Feb. 12
25-27	Anatomy Trains (Manual)	Mahoney State Park Omaha, NE	Eli Thompson	402 598-4674 20 CEs	charvats2000@yahoo.com www.amtane.org	\$400 \$350 by Feb. 4
26-27	BodyReading 101	Pilates on Highland Birmingham, AL	Carrie Gaynor	205 323-5961 12 CECs	pilatesfrontdesk@bellsouth.net www.pilatesonhighland.com	\$300

APRIL 2011

8-10	Anatomy Trains (Manual)	University of New Mexico Taos, NM	Peter Ehlers	575 770-1274 20 CEs	kirstie@taosnet.com http://taos.unm.edu/academies/TheMonkeyInstitute.html	\$325; \$275 60 days in advance
9-10	Body ³ : Intrinsic Muscles of the Pelvis	Cortiva Institute Watertown, MA	Eli Thompson	617 668-1000 16 CEs	ce.boston@cortiva.com www.cortiva.com/locations/boston/continuing-education/	\$375; \$325 by Mar. 9
29-1	Anatomy Trains (Manual)	Arizona School of Integrative Studies Clarkdale, AZ	Peter Ehlers	866 334-3348 18 CEs	asis@asismassage.com ww.asismassage.com	\$425 \$400 by April 1
29-1	Anatomy Trains (Manual)	Lexington Healing Arts Academy Lexington, KY	Yaron Gal Carmel	859 252-5656, Ext. 31 17 CEs	jill@lexingtonhealingarts.com www.lexingtonhealingarts.com	\$325

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APRIL 2011 (continued)

30-1	Anatomy Trains (Manual)	American Institute of Alternative Medicine East Brunswick, NJ	Simone Lindner	732-651-6060 16 CEs	massagecareer@aol.com http://aiamnj.com	\$395 \$350 by April 1
30-1	Body ³ : Intrinsic Muscles of the Pelvis	Therapeutic Approach Massage Spokane, WA	Lauren Christman	509 892-5996 14 CEs	timg731@hotmail.com www.therapproach.com	\$415 \$375 by Apr. 7

MAY 2011

13-15	Anatomy Trains (Manual)	The Berkeley Center Berkeley, CA	Peter Ehlers	510 761-1462 17 CEs	robustliving@gmail.com www.robustliving.com	\$400 \$350 by April 1
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JUNE 2011

10-12	Anatomy Trains (Manual)	East West College Portland, OR	Lauren Christman	800 635-9141 18 CEs	continuinged@eastwestcollege.com www.eastwestcollege.com	\$375 \$325 by May 13
28-30	Anatomy Trains (Manual)	Educating Hands School of Massage Miami, FL	Simone Lindner	800 999-6991 Ext. 103 18 CEs	seminars@educatinghands.com www.educatinghands.com/continue	\$400 \$350 by June 1

AUGUST 2011

5-7	Anatomy Trains (Manual)	Best Western Bay Harbor Hotel Tampa, FL	Eli Thompson	617 216-7528 20 CEs	eli@elithompson.com www.elithompson.com	\$445 \$345 by July 1
26-28	Anatomy Trains (Manual)	Chicago, IL	Peter Ehlers	866 334-3348 18 CEs	asis@asismassage.com www.asismassage.com	\$425 \$400 by Aug. 1

SEPTEMBER 2011

9-11	Anatomy Trains (Manual)	Lauterstein-Conway Massage School Austin, TX	Peter Ehlers	800 474-0852 18 CEs	davidl@ltschool.com www.tlcschool.com	\$325 \$295 by Aug. 9
23-25	Anatomy Trains (Manual)	Cortiva Institute Boston, MA	Eli Thompson	617 668-1000 18 CEs	ce.boston@cortiva.com www.cortiva.com/locations/boston/continuing-education/	\$400; \$350 by Aug. 23

OCTOBER 2010

7-9	Anatomy Trains (Movement)	Pilates Aligned Denver, CO	Carrie Gaynor	303 886-6925 12 CEs	info@pilatesaligned.com www.pilatesaligned.com	\$475
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