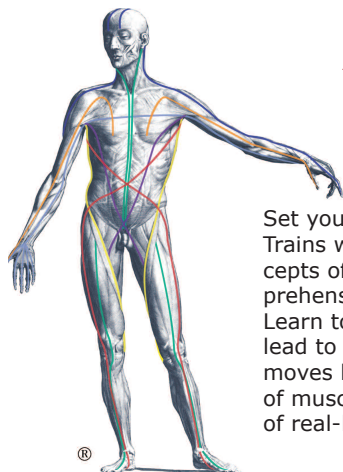


# Anatomy Trains® Events Schedule

**Kinesis, Inc.**  
**318 Clarks Cove Road**  
**Walpole, ME 04573**  
**207 563-7121**



Set your anatomy knowledge free! The Anatomy Trains weekend intensives will transform your concepts of myofascial anatomy and expand your comprehension of your clients' posture and movement. Learn to see the compensatory strain patterns that lead to pain syndromes. The Anatomy Trains concept moves beyond mechanical 'cause and effect' actions of muscles to the integrative relational connections of real-life functional movement.

These courses help you:

- 'Bodyread' your client's postural and movement patterns with greater accuracy and integration,
- Give you access to effective treatment strategies which may occur some distance from the site of pain or limitation, and
- Enable you to make distinct changes in your clients' structure in a few short moves.

The 'Anatomy Trains' is a revolutionary new way of analyzing soft-tissue patterns, and developing strategies for unwinding these patterns via fascial and myofascial work. The Anatomy Trains scheme offers a language that most hands-on therapists, regardless of their modality, can use to see their clients more clearly, and communicate to colleagues and clients how the neuro-myofascial web is configured by their 'acture' ('posture in action').

All courses are approved by NCBTMB for CE credit. Rates and schedule details are subject to change. Cancellation fees may apply. Contact the course sponsor for official information.

## JUNE 2012

<b>1</b>	Lecture: Yoga & Fascial Health	Sanctuary Studios <b>Plymouth, MA</b>	Thomas Myers	774-454-7290	www.findsanctuary.com sanctuarystudios_info@yahoo.com	\$65 \$50 for YTTs
<b>1-2</b>	Anatomy Trains (Manual)	Body Therapy Institute <b>Siler City, NC</b>	Carrie Gaynor	800 500-4500 21 CEs NCBMTB	enroll@bti.edu http://www.massage.net/programs/ceu/anatomy-trains.php	\$450; \$405 by Feb. 16
<b>1-3</b>	Anatomy Trains (Manual)	East West College <b>Portland, OR</b>	Lauren Christman	800-635-9141 18 CEs NCBMTB	continuinged@eastwestcollege.com www.eastwestcollege.com	\$375 \$325 by May 4
<b>8-10</b>	Anatomy Trains (Manual)	Body Mind Institute <b>Watertown, MA</b>	Eli Thompson	617-776-9494 20 CEs NCBMTB	eli@elithompson.com www.elithompson.com	\$425 \$345 by Apr. 27
<b>9-10</b>	Fascial Release for Structural Balance Intrinsic Muscles of the Pelvis	Therapeutic Training Center <b>Seattle, WA</b>	Lauren Christman	206 853-6875 14 CEs NCBMTB	info@theratraining.com www.theratraining.com	\$325 \$295 by May 18
<b>22-24</b>	Anatomy Trains (Manual)	Sukha Wellness Center <b>Avila Beach, CA</b>	Peter Ehlers	805-801-8088 18 CEs NCBMTB	david@sukhawellnesscenter.com http://sukhawellnesscenter.com/	\$400 \$350 by May 11

## JULY 2012

<b>13-15</b>	Anatomy Trains (Manual)	Sunrise Ranch Retreat Center <b>Loveland, CO</b>	Eli Thompson	617-776-9494 21 CEs NCBMTB	eli@elithompson.com www.elithompson.com	\$395 \$325 by June 1
<b>14-15</b>	Fascial Release for Structural Balance Intrinsic Muscles of the Pelvis	Univ. of NM Taos <b>Taos, NM</b>	Peter Ehlers	575 770-1274 14 CEs NCBMTB	kirstie@taosnet.com www.balinesetraditionalmassage.com	\$350 \$300 by March 1
<b>20-22</b>	Anatomy Trains (Manual)	ABQ School of Massage <b>Albuquerque, NM</b>	Peter Ehlers	505-948-4622 18 CEs NCBMTB	owner@abqschool.com http://www.abqschool.com/workshops/	\$375 \$325 by June 20

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## AUGUST 2012

<b>18-19</b>	Anatomy Trains (Manual)	Kinesis, Inc. <b>Walpole, ME</b>	TBA	888 546-3747 14 CEs NCBMTB	info@anatomytrains.com www.AnatomyTrains.com	\$325 \$300 by July 20
<b>24-26</b>	Anatomy Trains (Manual)	Lauterstein-Conway Massage School <b>Austin, TX</b>	Peter Ehlers	512-374-9222 Ext. 20 18 CEs NCBMTB	davidl@tlcschool.com www.tlcschool.com	\$325 \$295 by July 27
<b>24-26</b>	Anatomy Trains (Movement)	Pilates Center of Chicago <b>Chicago, IL</b>	Carrie Gaynor	773 698-6175 12 PMA CECs	info@pilatescenterofchicago.com www.pilatescenterofchicago.com	\$500 \$425 by May 1; \$450 by June 1

## SEPTEMBER 2012

<b>8-9</b>	Anatomy Trains (Manual)	Balanced Yoga Studio <b>Columbus, OH</b>	Eli Thompson	614 265-9642 12 CECs PMA 2.8 Non-Contact Hrs Yoga Alliance	info@balancedyogastudios.com www.balancedyogastudios.com	\$375 \$325 by Aug. 10
<b>28-29</b>	Anatomy Trains (Manual)	Atlanta School of Massage <b>Atlanta, GA</b>	Simone Lindner	678 805-0125 18 CEs NCBMTB	www.atlantaschoolof20massage.com/workshops.asp	\$400 \$350 by August 24th
<b>29-30</b>	Fascial Release for Structural Balance: Rib Cage - Freeing the Breath	Therapeutic Training Center <b>Seattle, WA</b>	Lauren Christman	206-853-6875 14 CEs NCBMTB	info@theratraining.com www.theratraining.com	\$325 \$295 by Aug. 24
<b>29-30</b>	Anatomy Trains (Manual)	Haworth Inn & Conference Center <b>Holland, MI</b>	Yaron Gal Carmel	616 510-2155 16 CEs NCBMTB	tammy@harborhealthandmassage.com www.harborhealthandmassage.com	\$450 \$350 by Aug. 25

## OCTOBER 2012

<b>1-2</b>	Fascial Release for Structural Balance Neck and Jaw	Haworth Inn & Conference Center <b>Holland, MI</b>	Yaron Gal Carmel	616 510-2155 16 CEs NCBMTB	tammy@harborhealthandmassage.com www.harborhealthandmassage.com	\$450 \$350 by Aug. 25
<b>12-13</b>	Anatomy Trains (Manual)	Downeast School of Massage <b>Waldoboro, ME</b>	Thomas Myers	207 832-5531 14 CEs NCBMTB	downeastmassage@gmail.com www.downeastschoolofmassage.net	\$400 \$350 by Sept. 14
<b>13-14</b>	Anatomy Trains (Movement)	Woodlands Pilates Studio <b>The Woodlands, TX</b>	Simone Lindner	281 883-8088 12 CECs PMA	pilates@woodlandspilatesstudio.com 12 CECs PMA	\$350 \$325 by Sept. 1
<b>13-14</b>	Fascial Release for Structural Balance Neck, Shoulder, Thorax	TBA <b>Cleveland, OH</b>	Eli Thompson	877 349-0120 14 CEs NCBMTB	dennisc@chagrinvallywellness.com www.chagrinvallywellnessinstitute.com/continuing-education.html	\$400; \$350 by Sept. 14
<b>12-13</b>	Soft Tissue Master Class: Tensegrity Spine	Downeast School of Massage <b>Waldoboro, ME</b>	Thomas Myers	207 832-5531 14 CEs NCBMTB	downeastmassage@gmail.com www.downeastschoolofmassage.net	\$400 \$350 by Sept. 14
<b>19-21</b>	Anatomy Trains Manual	BodEMotion <b>Phoenixville, PA</b>	Carrie Gaynor	610 952-5060 12 CECs PMA	woosunarts@mac.com www.bodemotion.org	\$400 \$350 by Aug. 1
<b>19-21</b>	Anatomy Trains (Movement)	The Scoop Pilates Studio <b>Webster Groves, MO</b>	Eli Thompson	314 968-9629 12 CECs PMA; 18 CEs NCBMTB	info@thescoop-apilatesstudio.com http://www.thescoop-apilatesstudio.com	\$500 \$425 by July 1; \$450 by Aug. 1
<b>26-27</b>	Fascial Release for Structural Balance: Abdomen and Breath	Lauterstein-Conway Massage School <b>Austin, TX</b>	Thomas Myers	800 474-0852 14 CEs NCBMTB	davidl@tlcschool.com www.tlcschool.com	\$395 \$350 by Sept. 14